

OFFICIAL RULES OF THE 'GRAVEL OF LEGEND' EVENT – Legendre



FRIDAY 25 JUNE 2021 - Arromanches-les-Bains to Angers

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These rules are available to download on the site www.natureisbike.com. They will also be available on 24 June 2021 at the departure of the trial at Arromanches-les-Bains, at all check points on the course & in Angers at the site of 'The Gravel Festival'.

SPA ALTEC – ANGERS LOIRE TOURISME EXPO CONGRES, hereafter referred to as 'Destination Angers' or 'The Organiser' (RCS 830 955 068. Headquarters: 7, Place Kennedy – BP 15157 – 49052 Angers Cedex 02 organiser of 'Nature is Bike', 25, 26 & 27 June 2021 in Angers. A unique event for Gravel enthusiasts, cycling and nature lovers

1. Presentation of the Ride

1.1. Organisation

Destination Angers is the organiser of 'The Gravel of Legend'- Legendre between Arromanches-les-Bains and Angers on June 25, 2021. The organisation of 'The Gravel of Legend' hereafter known as 'The Ride' is placed under the aegis of the FFC – FEDERATION FRANCAISE DE CYCLISME with the help of the ANGERS METROPOLE CYCLISME 49 Club.

'The Gravel of Legend' is not a race but a so-called 'Ultra' cycling tour in partial-autonomy, non-timed & without classification or performance ranking. It is open to all adults, men or women. This solo trial consists of a route following the GPX trace, with an itinerary of 270 to 300kms respecting the prescribed time 'windows' that mark it out. Each time 'window' consists of a maximum time allocated by the Organiser between 2 checkpoints. Any participant who crosses the check point outside of the allocated time will be excluded from the trail by the Organiser. The time 'windows' will be communicated to the participants at the time of registration. The total course must be completed within 20 hours, the maximum time allocated by the Organiser to complete 'The Gravel of Legend'.

'The Gravel of Legend' route consists of roads, paths, dirt or tarmac pathways in the territories of Calvados, L'Orne, The Mayenne, Maine et Loire and Angers. The GPX track is given to each participant upon registering at Arromanches-Les-Bains on 24 June 2021.

The official departure is fixed at 6.31, Friday 25 June 2021 from the beach at Arromanches-les-Bains called 'Gold Beach'

The route of 'The Gravel the Legend' takes place on tracks & paths open to the general public in strict compliance with the Highway Code & regulations issued by the Police Authority without priority of passage or people flagging the way.

1.2. Partial autonomy & rules of the course to be respected.

The principle of partial autonomy for each individual cyclist during the trial is the rule for 'The Gravel of Legend'. Each participant agrees to respect the rules of the Trial.

The Organiser reminds the participant that they must be capable of partial autonomy for the entire route from the departure at Arromanches-les-Bains to the arrival at Angers whether it involves food, equipment, clothing or security.

This partial autonomy includes the ability to adapt to problems that may be encountered on the route. Both assistance and external accompanying of participants is prohibited throughout the course.

Partially autonomous participants must agree to the following rules:

- Strict compliance with the Highway Code & regulations issued by the Police Authority without priority of passage or people flagging the way. 'The Gravel of Legend' takes place on public pathways open to traffic
- Use all compulsory equipment along the way. The Organiser reserves the right to control everything along the route. Each participant is obliged to submit to any check with cordiality under penalty of exclusion from the event
- Attach the number plate assigned to them at registration, it will allow them to access the starting line & pass the checkpoints and the finish line
- Manage food & drink during the course independent of the 2 complimentary refreshments (dried cereal bars, fruit & water to fill participants' containers). These are intended to supplement food bought from shops along the way
- Not be accompanied or benefit from any external assistance during the event. Your entourage may come & watch & support the participant without disturbing or modifying the organisation of the course
- On the asphalt sections of the course groups of more than 8 cyclists are prohibited
- No 'drafting' is allowed i.e., benefitting from the backdraft of a rider or vehicle is prohibited on penalty of exclusion from the trial
- The course must be completed within 20h between 6.31 on 25 June 2021 & 02.31 on 26 June 2021 without an overnight stay or camping

If members of the organisational team of 'The Gravel of Legend' event notice any irregularities or lack of respect for these regulations, they are authorised to penalise the participant in consultation with the Race Director

1.3. Acceptation of the rules & ethics of « The Gravel of Legend –Legendre »

Participation in 'The Gravel of Legend' implies the express & unreserved acceptance by each competitor of the regulations and ethics of the 'Nature is Bike' event as well as all the instructions that the Organiser gives to the participants

The Organiser reserves the right to revise & update the rules of the event & the general conditions of the sale of registrations at any time. In the event of a modification the Organiser will endeavour to notify all registered participants by electronic mail via the address they provided on the online registration form. Any changes may apply immediately after notification by any means including the publication of the revised version on the event website www.natureisbike.com. Destination Angers advises checking the website regularly.

2. Conditions of Participation

'The Gravel of Legend' is an event open to anyone, man or woman, whatever nationality, provided they are 18 years old on the day of the event with a licence issued by the FFC (French Cycling Federation) under the conditions detailed below.

Participants compete on an individual basis.

The number of participants is limited to 300.

2.1. Commitment of participants

In order to participate in the Trial, all participants agree to:

- Read the rules & accept the clauses in their entirety
- Be aware of the risks associated with cycling such as individual or collective falls & the risks and consequences of an accident
- Have acquired a confirmed cycling level (references/ sporting experience to be specified when registering online)
- Be fully aware of the difficulty of the event, in particular, the distance to be covered
- Follow 'The Gravel of Legend' GPX trace
- Manage their food & drink supplies
- Respect the time 'windows' given
- Be capable of handling complex cycling conditions including uneven surfaces & adverse climatic conditions such as rain and cold
- Show respect for private property that the course could pass through
- Provide assistance to any participant in difficulty during the event

For the final validation of their participation, preferably when registering online, each participant must provide the documents listed below depending on whether or not they are licenced to one of the federations mentioned :

- A competitor with a licence issued by the FFC - French Cycling Federation (Federation authorising the practice of competitive cycling) must provide a copy of his 2020-2021 licence when registering online.
- A competitor who is not an FFC licensee & doesn't hold a UFOLEP licence (Union Francaise des Oeuvres Laiques d'Education Physique, FFTRI (Federation Francaise de Cyclotourisme), FCC-Encadrement and Referee must subscribe to the FFC Day Card when registering online & attach a medical certificate with no contraindications for the practice of cycling in competitions & dated less than a year before the day of the event.
- A competitor with a licence from the FFH (Federation Francaise Handisport) must have an FFC 2021 licence authorising access to the competition. This licence must be included with any online registration.
- A non-licensed disabled sports competitor must provide a medical certificate with no contraindications for the practice of competitive cycling & dated less than a year before the day of the event & must subscribe to the FFC day card when registering online.
- A French competitor or foreign national licensed by a federation affiliated to the UCI (Union Cycliste International) must have a certificate from his federation authorising him to participate in 'The Gravel of Legend' race in France.
- A foreign national, not licensed by the FFC must subscribe to the FFC Day Card when registering online and attach a medical certificate with no contraindications for the practice of cycling in competitions & dated less than a year before the day of the event. All foreign medical certificates must be translated into French. Any foreign medical certificate not translated into French will be refused.
- Preferably a reference to participating in an 'Ultra' event or a cycling event of at least 200kms, trails or failing that, proof of experience clearly indicating a level of physical fitness appropriate for the event.

To participate in 'The Gravel of Legend' -Legendre, each participant must be fully aware that 'Ultra' cycling is a sporting activity that can involve dangers such as difficult climatic conditions (rain, heat, cold, thunderstorms, and strong winds) & that their safety depends on their ability to adapt and respond to problems that they might meet on the course. The assistance or help of the Organiser can not be requested for the management of such problems encountered on the course whether technical or physical. Accordingly, when registering for the event each participant accepts responsibility irrevocably & without exception all the extreme risks of the event and, in particular, an accident which could result in their death. They agree to accept sole responsibility for any injury incurred as a result of participating in the event & agree to participate at their own risk & to discharge all tort liability for any injury incurred as a result of the competition. They, therefore, waive any recourse against the organiser with full knowledge of the facts & possible consequences.

This acceptance is a mandatory condition for the validation of any registration by the Organiser

2.2. Respect for the Environment

Nature is Bike 2021 is an eco-responsible event. By registering for 'The Gravel of Legend' - Legendre event, all participants agree to respect the environment and natural spaces that the circuit passes through.

It is strictly forbidden to discard waste of any kind on the course (container, food, document or paper). Each participant must keep their waste and packaging with them until they are able to discard them in bins & recycling containers which are available at the starting point, at the 4 checkpoints & at the finish of the 'Nature is Bike' event in Angers.

The Organiser reserves the right to exclude any participant from the event who discards trash on 'The Gravel of Legend' route. During registration each participant must affix their number plate reference to any cereal bar or food packaging they plan to take to the event.

The Organiser will check on closing the route that no packaging was discarded on the course.

2.3. Material and equipment of participants in 'The Gravel of Legend' - Legendre

Competitors are solely responsible for ensuring that their equipment & materials comply with current standards & are properly maintained.

Each participant must arrive at the start point with the compulsory cycling & sports equipment listed, they must be wearing a helmet with the chin strap attached & must wear it for the duration of the event.

In the absence of the compulsory equipment the participant will not be allowed to start the race & will be excluded. In the event of a participant not wearing the compulsory equipment the Organiser cannot be held responsible for any incidences or their consequences.

Characteristics of bicycles allowed

- Bicycles specifically equipped for Gravel with round road handle bar
- Cyclo-cross type bikes fitted with round road handle bar
- Bicycles fitted with tyres of 32-47 mm in diameter

At the start participants agree that their bicycle has been checked & is on perfect order for Gravel riding

Bicycles not allowed

All bicycles that are not suitable for Gravel practice :

- MTB-VTC & any other bicycle with a flat handlebar, straight handlebar or flat bar
- Unicycle
- Recumbent bike
- Time trial bike
- Fixed gear bike
- Folding bike
- Hand bike
- Electric bike
- Bicycles fitted with spoke wheels or lenticular wheels

Mandatory Cycling/ Sports materials and equipment

- Wearing/ carrying the equipment listed below is mandatory throughout the duration of the event :
- A rigid shell helmet (Approved CE standards with chin strap attached, no more than 5 years old)
- Bicycle pump – minimum 2 spare air chambers – completed by any other repair tool
- A fully charged mobile phone
- A fully charged GPS, independent & separate from a GPS application on a mobile phone
- An external battery
- The event being partly a night:
 - o a front lamp of at least 400 lumens of power with a battery life of at least 3 hours
 - o A red rear light fixed to the bike
- Numbered plate attached to front of bike
- Numbered GPS beacon (loaned with a deposit upon registration)
- Food/ drink – 1litre of water minimum, the nutrient supply required for the partially autonomous test
- A waste pocket to transport waste between check points
- Windbreaker
- Fluorescent bib, jacket (or with reflective bands)
- Blanket
- 1 metre of strapping tape

Other sports materials recommended by the Organiser:

- Clothing suitable for cycling with reflective bands
- Headlamp
- Multifunctional tool for bicycle of the multi-use type specific for bicycles
- A pair of gloves

3. HOW TO REGISTER FOR « THE GRAVEL OF LEGEND – Legendre »

3.1. Registration conditions

The opening of registrations is December 16, 2020. Registration will close 14 June 2021

Registrations are made exclusively online via the website www.natureisbike.com up to a limit of 300 places

To validate their registration, a participant must accurately complete the mandatory fields of the online registration document, agree to provide a live, authentic email address of which they are the exclusive owner.

The Organiser will not accept any registrations by telephone, mail or email

The Organiser is the sole decision maker in selecting participants & no dispute may be admissible

All entries are nominative and transfer from one participant to another is not admissible for any reasons. Anyone who transfers their registration to a third party is fully responsible in the event of an incident (suffered and/or provoked) & the Organiser reserves the right to exclude them definitively from all 'Nature is Bike' events

When registering, in absence of payment, FCC licence or medical certificate with no contraindications for the practice of competitive cycling and references to sporting experience/qualifications, the Organiser reserves the right to not validate the registration. As a result, access to the event will be denied & no materials related to 'The Gravel of Legend' will be given at check-in.

3.2. Registration fees & prices

Registration fees

The registration fees quoted are in euros & include all taxes at the rate on the day of registration?

The Organiser has set a preferential rate for registrations between December 16, 2020 & January 31, 2021:

- FFC licensed: **69 euros** (incl. tax)
- Non FFC licensed participants, UFOLEP or FSTG licenced participants: **78 euros** (incl. Tax). Price includes FFC Day Card & individual accident insurance for the entire duration of the event www.fcc.fr/carte-a-la-journee

From 1 February

- FFC licensed: **79 euros** (incl. tax)
- Non FFC licensed participant, UFOLEP or FSTG licenced participants: **88 euros** (incl. Tax) Price includes FFC Day Card & individual accident insurance for the entire duration of the event

What is included in the registration fee?

- Included in the registration is :
 - o A safety emergency device
 - o Registration (verification of licences/ medical certificates, etc)
 - o For non-licensees: Compulsory Day Card including individual accident insurance
 - o Check of equipment at check in
 - o Loan of a numbered GPS beacon *
 - o Mandatory briefing prior to event
 - o Security PC accessible throughout the event
 - o Presence of organisational team at 4 check points on route
 - o Emergency medical assistance
- For the participants
 - o A satchel
 - o A 'Gravel of Legend' collector jersey
 - o A numbered plate
 - o The GPX trace
 - o Pocket guide to 'The Gravel of Legend'

- Catering:
 - o Departure breakfast in Arromanches-les-Bains
 - o 2 refreshment points on course
 - o A meal box upon arrival in Angers – included in the 'Gravel of Legend' package
- Services included in 'The Gravel of Legend' package
 - o Personalised welcome for each participant
 - o For those who want it:
 - Dedicated secure supervised locker for Gravel bikes available from registration (24 June) to breakfast (25 June). Service must be reserved upon registration
 - Luggage storage with luggage transfers from Arromanches-les-Bains to Angers. Service must be reserved upon registration

Not Included in the registration :

- Transportation to Arromanches
- Accommodation in Arromanches the day before the ride and in Angers on 25 June
- Dinner on 24 June
- Repatriation in case of abandonment, even though the Organiser will do its utmost to transfer the gravel rider to the arrival in Angers

***Reminder :** The registration, the number plate and tag are personal. No transfer from one participant to another is permitted for any reason. Any person transferring his registration, plate or tag is fully responsible in the event of an incident (suffered and/or provoked) and the Organiser reserves the right to exclude them definitively from all 'Nature is Bike' events

4. DURING THE RIDE

4.1. Dates & Times

Thurs 24 June 2021

- 16.00 - 21.15 : Registration, control of Gravel bikes & cycling equipment in Arromanches-les-Bains
- 21.30 : Closing of registrations. Mandatory briefing to participants by 'The Gravel of Legend' 's Organiser

Friday 25 June 2021

- 5.30 : Bag drop for luggage transfer to Angers.
Collection of bikes from enclosed overnight storage area.
Departure breakfast.
- 6.10 : Positioning of competitors on Gold Beach. Latest instructions
- 6.31 : Departure

Departure is subject to confirmation upon final closing of registrations on 14 June 2021. Times may be modified according to final number of registrations on day of the event. From 14 June the Organiser will communicate the final schedules on the website www.natureisbike.com & by email to the email address given by the participants at time of registration. In the case of special circumstances, in particular, climatic conditions, the Organiser reserves the right to delay or advance the departure time.

It is the responsibility of each participant to be on time for check-in, briefing and departure

4.2. Registration, checking materials & briefing, Thursday 24 June

On Thurs 24 June 2021 each participant must go to the registration area in Arromanches from 16.00 to 21.15

The site & address of the registration area will be emailed to each participant no later than 15 days before the event. The Organiser reserves the right to cancel the registration of participants who arrive after 9.15pm

Registration

During check-in for each participant, the Organiser will:

- Check registrations
 - o For any FFC licensee – the date of issue of the licence if it was not provided during registration, if not the participant will be excluded from the event.
 - o For all non FFC licensees – FFC, UFOLEP, FSGT, FFTRI and FFCT and FFC pass licensees. Leisure & Services, FFC supervision and referee. The Organiser will check medical certificates to ensure that there is nothing contradicting the ability to practice competitive cycling if it was not supplied during online registration & will submit the subscriptions to the Day Pass which must be signed at registration otherwise, they will not be allowed to start the event
- Give the provisions
- Hand out bicycle locker bracelets & luggage storage tickets if the participant has indicated during registration that they wish to benefit from them.
- Enter on the official starting list the name of each participant and the number plate assigned to them.
- Lend the GPS tracking beacon against a deposit of 300 euros or failing that an identity document. The tag must be returned to the Organiser at Angers when the participant finishes the event.
- Communicate emergency contact numbers.
-

The Checks

After registering each participant should attach their number plate and proceed to the materials control point. After their bike has been checked by the Organiser the participant can drop his bike at a secure parking place at the Arromanches-les-Bains registration site. They can collect their bike on 25 June from 5.30am, 20 mins before the start of 'The Gravel of Legend' ride.

The Briefing

The presence of all participants is compulsory. It will take place at 9.30pm on 24 June 2021 in Arromanches-les-Bains. During this briefing the Organiser will provide a description of the route, remind the participants of their obligations and give final instructions. The precise location of this briefing will be communicated by email to each participant at least 15 days before the event and confirmed by the Organiser at check-in.

4.3. Prior to departure, 25 June 2021

Departure breakfast

The breakfast will be served to participants from 5.15 to 6.10. The site and address will be communicated by email to each participant at least 15 days before the event and confirmed by the Organiser at check-in

Luggage Storage

Each participant can, if they wish, hand their luggage to the Organiser on 25 June & it will be transferred to the Gravel Festival site in Angers. In order to do this each participation must choose this option when registering online in order that labels are available on the day at check-in

On 25 June 2021 from 5.15 each participant who wishes to use this service must deposit their baggage at the 'Luggage Point' located next to the breakfast area. Only luggage with 'GOLD' labels will be taken in charge by the Organiser. Luggage will then be transferred to a secure luggage area at the Gravel festival site in Angers. Upon arrival at the Gravel Festival site in Angers the participant can collect his luggage, upon presentation of their receipt at the 'GOLD LUGGAGE' point. The luggage must be collected no more than 2 hours after the finish of the event. After that time any attempt to retrieve the luggage should be addressed to the Commissariat at the Nature is Bike event & the participant must give proof of ownership. There can be no dispute about the content of the luggage as the Organiser is not responsible for any of the contents & participants should not leave valuables in them

Collection of bicycles from storage

Participants who left their bikes in the secure storage on 24 June can collect their bikes from the guardian upon presentation of a valid deposit bracelet. No bike will be handed over without a valid deposit bracelet

4.4. During the ride

Departure

After breakfast luggage will be dropped off & bikes collected from storage. Competitors will meet at Arromanches-les-Bains at 6.10am via the check-point. Once the participants have all gathered on the starting line for final instructions the Organiser will start the race at 6.31 sharp.

Route

The route will not be signposted but transmitted by the Organiser as a GPX link. Participants must follow the GPX route & not deviate from it. The course may cross private properties with which the Organiser has made specific temporary arrangements. Therefore, the participant must strictly respect 'The Gravel of Legend' GPX route. There are 4 checkpoints on the route the locations of which will be communicated by the Organiser at the mandatory briefing. It is compulsory to go through these points so that each participant can be recorded. At 2 of these checkpoints the Organiser will supply snacks. The route of each participant will be tracked by the GPX tag. The finish line of 'The Gravel of Legend' will be at the heart of the Gravel Festival in Angers.

Abandonment & Repatriation

A rider must not drop out of the event outside of the check points unless they are injured or immobilised by the medical team such as Medical professionals, SAMU or Firefighters. The participant must notify the PC organising the event that they are abandoning the race. If a participant abandons the race between 2 points, he must notify the organiser and return to the nearest check point & report his departure. The participant must also return the GPX beacon to the Organisers present at the check point or the PC at the Gravel Festival. If the beacon is not returned the 300-euro deposit paid by the participant is forfeited to the Organiser.

Penalties & Disqualifications

The team organising 'The Gravel of Legend' will be present all throughout the event at the 4 check points & at random locations. They will ensure compliance with the rules of the event and are authorised to apply penalties to any participant who does not respect the rules. The penalty for an infraction is 30 minutes added to the participants' time at the finish line. For 2 infractions the penalty is one hour & for three infractions the participant will be immediately excluded from the event.

Help & Medical Assistance

Each rider agrees to assist any competitor in distress & to notify the emergency services. If a participant is in difficulty or seriously injured, they should call an emergency number (which is on the emergency contact badge sent to each participant). They can also use the 'alert' button on their GPX beacon. Depending on the environment, the climatic conditions & any other unpredictable hazards emergency and medical assistance may take longer than expected. The security of the participant depends on the quality of what they have in their bag

Following an incident if the medical or emergency teams deem the rider unfit to continue the race or if he requires an intravenous drip then the Organiser will exclude the rider. If the emergency services consider the rider to be in danger, they will have him evacuated by all possible means and sent to the most suitable medical centre.

Any participant calling on assistance from the SAMU, fire brigade or rescuers must submit to their authority & follow their advice.

Any participant who voluntarily leaves the event is no longer under the authority or the Organiser.

5. INSURANCE

Destination Angers, the Organiser of 'The Gravel of Legend' event takes out liability insurance at all events & 'Nature is Bike' events. The organiser requires that each participant take out individual personal accident insurance. The FFC Day Card covers individual accident insurance for any participant not licensed by the FFC. Registration for this card and signature of contract is done on the day of registration. Participants who have registered for this card do not require supplementary insurance.

6. EXCEPTIONAL CONDITIONS AND CANCELLATION BY ORGANISER

If circumstances require, the Organiser reserves the right to modify the routes, departure times & organisational procedures linked to the smooth running of the event at anytime

In the event of a force majeure or circumstances beyond its control such as unfavourable climatic conditions, pandemics or any other conditions endangering the safety of the competitors, the Organiser reserves the right to modify or postpone the departure time by several hours or to shorten or neutralise the ride or to stop or cancel the event. In case of a force majeure or a government or prefecture decree related to the COVID-19 crisis the Organiser will reimburse the registration fees.

7. APPLICABLE LAW & ITS INTERPRETATION

The event is exclusively governed by the Sports Code (in particular articles L331-1 and L331-4-1 relating to the organisation of competitions). Any questions of application or interpretation of these rules which may arise is decided by the Organisation or the jury of the event without recourse to any other authority depending on the nature of the question in strict compliance with the Sports Code.

8. COPYRIGHT OF IMAGES

Acceptance of these conditions implies that the participant agrees to Destination Angers and its partners, social networks & media to using their image if it appears on any photographs or videos taken from 13.00 on Thursday 24 June 2021 to 19.00 Sunday 27 June 2021. The shots may be taken by remotely piloted aircraft (drones) in strict compliance with legal regulations (law no. 2016-1428 of 24 October 2016 regarding the safe use of civilian drones). This law is valid internationally for any intended use in promoting 'Nature is Bike' & in all forms; video, press, websites, social networks, etc. The use of these images in no way infringes the privacy or reputation of the participant. In accordance with ordinance no 2018-1125 of December 2018, article 32 of law no. 2018-493 of 20 June 2018 relative to protection of personal data and the law no. 78-17 of 6 January 1978 relative to IT, information & freedom concerning the protection of personal data. Each participant has right of access, opposition and rectification of the processing of data if he justifies himself to the Organiser. This authorisation is valuable for authors rights up to from 27 June 2021 on.

9. TREATMENT OF PERSONAL DATA

Participants are informed that personal data collected is subject to computer processing intended solely to provide information exclusively related to the 'Nature is Bike' event. Destination Angers which is responsible for this processing undertakes to not to communicate this personal data to third parties

In accordance with ordinance no 2018-1125 of December 2018, article 32 of law no. 2018-493 of 20 June 2018 relative to protection of personal data and the law no. 78-17 of 6 January 1978 relative to IT, information & freedom concerning the protection of personal data. Each participant has right of access, opposition & rectification of the processing of data if he justifies himself to the Organiser by sending a letter for the attention of M, Le Directeur General, DESTINATION ANGERS/ Nature is Bike – 7 Place Kennedy – BP 15157 Angers Cedex 2.

10. ACCEPTANCE OF RULES AND DEPOSIT

Participation in 'The Gravel of Legend' implies acceptance of these regulations in their entirety & is a binding contract. The rules are available on www.natureisbike.com. They will also be available at each check point during the event as well as at the 'Gravel Festival' in Angers on arrival.