

OFFICIAL RULES OF THE COMPETITION
'GRAVEL NIGHT - Specialized'
Saturday 26 June 2021 – Angers



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These rules are available to download on the site www.natureisbike.com. They will also be available on 26 June 2021 at the departure of the 'Gravel Night-Specialized' race in Angers at the site of 'The Gravel Festival'.

SPA ALTEC – ANGERS LOIRE TOURISME EXPO CONGRES, hereafter referred to as 'Destination Angers' or 'The Organiser' (RCS 830 955 068. Headquarters: 7, Place Kennedy – BP 15157 – 49052 Angers Cedex 02 organiser of 'Nature is Bike', 25, 26 & 27 June 2021 in Angers. A unique event for Gravel enthusiasts, cycling and nature lovers



1. PRESENTATION OF THE RIDE 'GRAVEL NIGHT – Specialized'

1.1 Organisation

For the 2021 edition of Nature is Bike, Destination Angers is the organiser of 'The Gravel Night – Specialized' on June 26, 2021. The organisation of 'The Gravel Night' is placed under the aegis of the FFC – FEDERATION FRANCAISE DE CYCLISME with the help of the ANGERS METROPOLE CYCLISME 49 Club.

The Gravel Night is a timed gravel cycling race of 64 Km solo or in relay of 2 or 4 people. It's a ride for gravel cyclists open to all adults, men or women, Teams may be women/men only or mixed.

This event consists of cycling round the same circuit four times on a route consisting of roads, paths, dirt and tarmac roads in the Angers Loire Metropolitan area. It is a night time event on rugged roads. The route is marked by signage and signallers on the route. The tracks, streets and paths are closed to traffic during the competition.

The 'Gravel Night' race takes place strictly respecting these rules & the guidance given by the Organiser and the rules of competent French Police.

The official departure is set for 21.30 on Saturday 26 June and arrival will take place until approximately 1.00 on Sunday 27 June 2021.

1.2 Acceptation of the rules & ethics of the 'Gravel Night'

Participation in 'The Gravel Night' implies the express & unreserved acceptance by each competitor of the regulations and ethics of the 'Nature is Bike' event as well as all the instructions that the Organiser gives to the participants

The Organiser reserves the right to revise & update the rules of the event & the general conditions of the sale of registrations at any time. In the event of a modification, the Organiser will endeavour to notify all registered participants by electronic mail via the address they provided on the online registration form. Any changes may apply immediately after notification by any means including the publication of the revised version on the event website www.natureisbike.com. Destination Angers advises checking the website regularly.

2. CONDITIONS OF PARTICIPATION

'The Gravel Night' is an event open to anyone, man or woman, whatever nationality, provided they are 18 years old on the day of the event with a licence issued by the FFC (French Cycling Federation) under the conditions detailed below

The participants in Gravel Night compete solo or in relay in teams of 2 or 4 people

The number of participants is limited to 250 riders.

2.1 Commitment of participants

In order to participate in the Trial, all participants agree to:

- Read the rules & accept the clauses in their entirety
- Be aware of the risks associated with cycling such as individual or collective falls & the risks and consequences of an accident
- Have acquired a confirmed cycling level
- Be fully aware of the difficulty of the event
- Be capable of handling night riding or complex cycling conditions including uneven surfaces & adverse climatic conditions such as rain and cold
- Provide assistance to any participant in difficulty during the event

For the final validation of their participation, preferably when registering online, each participant must provide the documents listed below depending on whether or not they are licenced to one of the federations mentioned.

- A competitor with a licence issued by the FFC - French Cycling Federation (Federation authorising the practice of competitive cycling) must provide a copy of his 2020-2021 licence when registering online
- A competitor who is not an FFC licensee & doesn't hold a UFOLEP licence (Union Francaise des Oeuvres Laiques d'Education Physique, FFTRI (Federation Francaise de Cyclotourisme), FCC-Encadrement and Referee must subscribe to the FFC Day Card when registering online & attach a medical certificate with no contraindications for the practice of cycling in competitions & dated less than a year before the day of the event
- A competitor with a licence from the FFH (Federation Francaise Handisport) must have an FFC 2021 licence authorising access to the competition. This licence must be included with any online registration
- A non-licensed disabled sports competitor must provide a medical certificate with no contraindications for the practice of competitive cycling & dated less than a year before the day of the event & must subscribe to the FFC day card when registering online
- A French competitor or foreign national licensed by a federation affiliated to the UCI (Union Cycliste International) must have a certificate from his federation authorising him to participate in 'The Gravel Night' ride in France
- A foreign national, not licensed by the FFC must subscribe to the FFC Day Card when registering online and attach a medical certificate with no contraindications for the practice of cycling in competitions & dated less than a year before the day of the event.
- All foreign medical certificates must be translated into French. Any foreign medical certificate not translated into French will be refused.

2.2 Respect for the environment

Nature is Bike 2021 is an eco-responsible event. By registering for 'The Gravel Night', all participants agree to respect the environment and natural spaces that the circuit passes through.



It is strictly forbidden to discard waste of any kind on the course (container, food, document or paper). Each participant must keep their waste and packaging with them until they are able to discard them, preferably in designated & recycling bins available in the paddock at the 'Nature is Bike' gravel festival in Angers.

During registration, each participant must affix his or her number plate reference to any cereal bar or food packaging they plan to take for the competition. The Organiser will carry out random checks before departure.

2.3 Materials & equipment for participants of "The Gravel Night"

Competitors are solely responsible for ensuring that their equipment & materials comply with current standards & are properly maintained. Each participant must arrive at the start point with the compulsory cycling & sports equipment listed, they must be wearing a helmet with the chin strap attached & must wear it for the duration of the event.

For the trial when in teams of 2 or 4, helmets must be attached before passing on to the outgoing rider and cannot be removed until the incoming rider has dismounted

In the absence of the compulsory equipment, the participant will not be allowed to start the race & will be excluded. In the event of a participant not wearing the compulsory equipment during the race, the participant may be excluded of the event or given a time penalty.

In the case of non-compliance with the rules, the Organiser cannot be held responsible for any incidences or their consequences.

Characteristics of bicycles allowed:

- Bicycles specifically equipped for Gravel with round road handle bar
 - Cyclo-cross type bikes fitted with round road handle bar
 - Bikes fitted with 32 to 47 mm tyres
- At the start, participants agree that their bicycle has been checked & is on perfect order for Gravel riding

Bicycles not allowed:

All bicycles that are not suitable for Gravel practice:

- MTB-VTC or any other bicycle with a flat handlebar, straight handlebar or flat bar
- Unicycle
- Recumbent bike
- Time trial bike
- Fixed gear bike
- Folding bike
- Hand bike
- Electric bike
- Bicycles fitted with spoke wheels or lenticular wheels

Mandatory Cycling/ Sports materials and equipment

Wearing/ carrying the equipment listed below is mandatory throughout the duration of the event:

- A rigid shell helmet (Approved CE standards with chin strap attached, no more than 5 years old)
- Bicycle pump - minimum 2 spare air chambers - completed by any other repair tool
- A fully charged mobile phone and switched on
- A fully charged GPS, independent & separate from a GPS application on a mobile phone
- The trial being partly at night:
 - o A light of at least 400 lumens and a minimum battery life of 3 hours
 - o A red rear light attached to the bike
- Numbered plate attached to front of bike
- A water bottle (at least 50 cl at the start of the trial)
- Windbreaker
- Yellow florescent vest (or reflective bands)

Other sports materials recommended by the Organiser

- Clothing suitable for cycling with reflective bands
- A pair of gloves
- Multifunctional tool for bicycle of the multi-use type specific for bicycles
- Front lamp

3. HOW TO REGISTER FOR THE 'GRAVEL NIGHT - Specialized'

3.1 Registration conditions

The opening of registrations is February 11, 2021. Registrations will close on 12 May, 2021 for teams of 2 or 4 and 10 June, 2021 for individuals. There is no possibility for registration on the site of the Gravel Festival in Angers on the day of the Gravel Night.

Registrations are made exclusively online via the website www.natureisbike.com up to a limit of 250 participants for the 'Gravel Night'

To validate their registration, a participant must accurately complete the mandatory fields of the online registration document, agree to provide a live, authentic email address of which they are the exclusive owner.

The Organiser will not accept any registrations by telephone, mail or email (except business teams and partners)



The Organiser is the sole decision maker in selecting participants & no dispute may be admissible.

Registrations are made by team, there is no individual registration available outside of the solos' category. Each subscription whether individual or team is nominative, personal and cannot be modified.

All entries are nominative and transfer from one participant to another is not admissible for any reasons. Anyone who transfers their registration to a third party is fully responsible in the event of an incident (suffered and/or provoked) & the Organiser reserves the right to exclude them definitively from all future editions of Gravel Night and 'Nature is Bike' events

When registering, in absence of payment, FCC licence or medical certificate with no contraindications for the practice of competitive cycling and references to sporting experience/qualifications, the Organiser reserves the right to not validate the registration. As a result, access to the event will be denied & no materials related to the 'Gravel Night' will be given at check-in.

Terms and conditions relating to registration of teams of 2 or 4

- Each team of 2 or 4 participants must nominate a representative responsible for the team. Only the representative can contact the Organiser for information regarding the trial.
- Each team must be identified by a name (specific team, company, partnership...)
- The team representative is not obliged to give exact details of his team members prior to the closing date on 12 May 2021 when registering online, for the team members can be modified until closing of subscriptions on 14 June 2021.
- However, all mandatory information must be finalised with the Organiser by 14 June 2021.
- Only upon receipt of all mandatory information will the registration be validated by the Organiser and the registration of teams on the day of the trial will be confirmed by email
- The registration of each participant is nominative and unchangeable and cannot be exchanged or refunded.
- Business teams who benefit from other services such as rental of Gravel must contact the organisation directly via the website inscriptionparcours@natureisbike.com

3.2 Registration fees

Registration fees & prices

The registration fees quoted are in euros & include all taxes at the rate on the day of registration

The Organiser has set a preferential rate for registrations between February 11 & April 14, 2021:

- FFC licensed: **21 euros** (incl. tax)
- Non FFC licensed participants, UFOLEP or FSTG licenced participants: **30 euros** (incl. Tax). Price includes FFC Day Card & individual accident insurance for the entire duration of the event www.fcc.fr/carte-a-la-journee

From April 15, 2021

- FFC licensed: **26 euros** (incl. tax)
- Non FFC licensed participants or other licensed participants: **35 Euros** (incl. Tax).

What is included in the registration fee of the Gravel Night?

Included in the registration is:

- The lending of a numbered GPS beacon*
- The timing of each participant
- The safety of the course
- A space in the paddock with refreshments and mechanical assistance
- A numbered plate
- 1 Nature is Bike T-Shirt (size requested at registration)

*Reminder: The registration, the number plate and the beacon are personal. No transfer from one participant to another is permitted for any reason. Any person transferring his registration, plate or beacon is fully responsible in the event of an incident (suffered and/or provoked) and the Organiser reserves the right to exclude them definitively from all future Gravel Night editions and other 'Nature is Bike' events.

4. RUN UP TO THE COMPETITION

4.1 Dates and times

Saturday 26 June, 2021

- 14.00 - 18.00: Registration of competitors equipment check at the Nature is Bike site
- 18.00: Closing of registrations
- 20.00: Collection of bikes which have been checked at the dedicated parking
- 20.15: distribution of beacons per person or per team of 2 or 4 people
- Briefing at the starting line
- 21.00: solo participants and relay riders in teams of 2 or 4 leave the site of the Gravel Festival all together and go to the site of departure for Gravel night
- 21.30: once assembled at the starting line, the official timing of the race begins.

Sunday 27 June, 2021

- 1.00: End of Gravel Night and awards ceremony



Departure is subject to confirmation upon final closing of registrations on 14 June 2021. Times may be modified according to final number of registrations on day of the event. From 14 June the Organiser will communicate the final schedules on the website www.natureisbike.com & by email to the email address given by the participants at time of registration. In the case of special circumstances, in particular, climatic conditions, the Organiser reserves the right to delay or advance the departure time. It is the responsibility of each participant to be on time for check-in, briefing and departure.

4.2 Registration, checking materials & briefing

On Saturday 26 June, all participants (solo or each full team of 2 or 4) must register at the Gravel Festival site for validation of registration and equipment checks.

Organiser reserves the right not to validate the registration if participants arrive after the registration closing time.

Registration

Each participant must present themselves at the Gravel Night register on Saturday 26 June, 2021 between 14.00 and 19.00 (if it is not possible for the participant to register on Saturday 26 June they must contact the organiser via this link inscriptionparcours@natureisbike.com in order to organise to register exceptionally on Sunday 27 June between 6.00 and 7.00.

The Organiser reserves the right to cancel the registration of participants who arrive after the closing of registrations.

During check-in for each participant, the Organiser will:

- Check registrations

o For any FFC licensee – the date of issue of the licence if it was not provided during registration, if not the participant will be excluded from the event.

o For all non FFC licensees – FFC, UFOLEP, FSGT, FFTRI and FFCT and FFC pass licensees. Leisure & Services, FFC supervision and referee. The Organiser will check medical certificates to ensure that there is nothing contradicting the ability to practice competitive cycling if it was not supplied during online registration & will submit the subscriptions to the Day Pass, which must be signed at registration otherwise, they will not be allowed to start the event

- Gives the T-shirt and the numbered plate

- Enter on the official starting list the name of each participant

- Lend the GPS tracking beacon against a deposit of 300 euros or failing that an identity document. The tag must be returned to the Organiser at the end of the 'Gravel Night'

- Hand out bicycle locker bracelets if the participant has indicated during registration that they wish to benefit from them

- Communicate emergency contact numbers in case of emergency (they will also be displayed on posters at the Nature is Bike site and at control and refreshments points)

The checks

Once registration has taken place and after attaching the number plate to their bike, riders must report to the equipment checkpoint.

Once the organiser has checked the bike and all the mandatory equipment, participants may leave the bike on the site of the gravel festival in a dedicated secure area with a security guard. On the site of the Gravel Festival, bike lockers bracelets are mandatory (these can be reserved when registering). Bikes should be collected before 20.00 upon mandatory presentation of bracelets.

4.3 During the ride

The briefing

All participants and full teams must attend the briefing. It will take place at the gravel festival site at the foot of the stage at 20.15

During this briefing, the Organiser will:

- Hand out the GPS bracelets:

o 1 GPS bracelet per solo participant.

o 1 GPS bracelets per team of 2 which can be passed between the incoming and the outgoing rider

o 2 GPS bracelets per team of 4 which can be passed between the 2 incoming and 2 outgoing riders

- Provide a description of the route, remind the participants of their obligations and give final instructions.

Departure

At 21.30 the Organiser will start the event and launch the timer

Each participant whether individual or team will begin the Gravel Night race and follow the guidelines and advice given at the briefing.



Route

The participants must follow the route given by the Organiser and marked by panels, signage and signallers. They must strictly respect the route marked. If a participant deviates from the route, the Organiser reserves the right to exclude them from the trial. The route of Gravel Night is approximately 60 Kms. There are several laps with a minimum of 3 passes by the Gravel festival. The participants can ride solo or in pairs or small groups depending on the width of the pathways. Large groups of more than 8 people are forbidden.

Only members of the Organisation and participants can use the route: any access by any other party is forbidden. In the case of a mechanical problem or puncture, the participant must repair their bike themselves or if necessary be assisted by another competitor in order to reach the paddock and the technical assistance area reserved for gravel participants.

Solo trial

From the start of the race, each participant completes 4 loops of the Gravel Night course in the best timing

Relays with teams of 2 or 4

For teams of 2 the relay is between one participant "entering" and one participant "exiting". In a team of 4, 2 participants 'enter' and 2 'exit'. All relays can only take place in the relay section of the paddock.

Only relay participants are authorised in the paddock, they may not be accompanied. If the rule is not respected, the Organiser reserves the right to issue a penalty.

To pass the relay after exiting loops N°1, 2 or 3 each participant 'entering' must pass through the paddock, place one foot on the ground in the relay zone before handing the tracking bracelet to the 'exiting' participant.

Competitors in a team of 4 must ride in pairs and ride close to their team mate. The duos are free to decide their strategies and choose their order of passage. They can make one or two changes of team mate, but each participant must complete a minimum of one loop.

Competitors must reduce their speed when entering the village or crossing the Gravel Festival site and in general when approaching intersections anywhere on the course. Each participant must be extremely vigilant.

Timing

The GPS tracking bracelets from 'Solustop' assure accurate timing of each participant, solo or in team and the instant measurement of their speed and location.

They are to be passed in relay between each participant 'entering' and 'exiting', where there are teams of 2 or 4 participants.

Closing of the race

Two cyclists from the organisation team will close the course behind the last competitor to ensure that the course is in good condition and that no participant remains on the Gravel Night course.

5. RANKING AND AWARDS

The rankings of the Gravel Night will be as follows:

- Solo Woman
- Solo Man
- Team of 2 women
- Team of 2 men
- Mixed team of 2
- Team of 4 women
- Team of 4 men
- Mixed team of 4

As the Gravel Night is either individually timed or in relay, the winner by category is the rider who crosses the finish line in the shortest time.

The duos in teams of 4 must have no more than 5 seconds difference when crossing the finish line.

The rankings will be announced at the Gravel Festival at the end of the trial, each competitor will have access to the results.

If the trial is stopped, a ranking will be made based on the automatic recordings of the tracking bracelets. Awards will be given to the top 3 in each category. They will be presented at the Gravel Festival at the end of the Gravel Night. No cash reward will be given by Nature is Bike and the awards may not be exchanged, refunded or sent by the Organiser.



6. INSURANCE

Destination Angers, the Organiser of 'The Gravel Night – Specialized' event takes out liability insurance at all 'Nature is Bike' events.

The organiser requires that each participant take out individual personal accident insurance

FFC licensed participants benefit from that coverage.

Any participant, solo or teams with 2 or 4 participants not licensed by the FFC must take the FFC Day Card, which covers individual accident insurance. Registration for this card and signature of contract is done on the day of registration.

7. EXCEPTIONAL CONDITIONS & CANCELLATION BY ORGANISER

If circumstances require, the Organiser reserves the right to modify the routes, departure times & organisational procedures linked to the smooth running of the event at anytime

In the event of a force majeure or circumstances beyond its control such as unfavourable climatic conditions, pandemics or any other conditions endangering the safety of the competitors, the Organiser reserves the right to modify or postpone the departure time by several hours or to shorten or neutralise the ride or to stop or cancel the event. In case of a force majeure or a government or Préfecture decree related to the COVID-19 crisis, the Organiser will reimburse the registration fees.

8. APPLICABLE LAWS, RULES AND THEIR INTERPRETATION

The current rules comply with French law.

The ride takes place strictly respecting the French Highway Code and the rules of competent French police.

The organiser has made a declaration to the Préfecture prior to the event in accordance with the rules of the Sports Code.

The event is exclusively governed by the Sports Code in particular the articles relating to sport events on public roads open to traffic. Any question as to the application and interpretation of these regulations or of any unforeseen question that may arise will be decided solely by the Organiser or jury of the event depending on the situation. This will be done in strict compliance with the Sports Code.

9. COPYRIGHT OF IMAGES

Acceptance of these conditions implies that the participant agrees to Destination Angers and its partners, social networks & media to using their image if it appears on any photographs or videos taken on Saturday 26 June 2021 and Sunday 27 June 2021 until 19.00. The shots may be taken by remotely piloted aircraft (drones) in strict compliance with legal regulations (law no. 2016-1428 of 24 October 2016 regarding the safe use of civilian drones). This law is valid internationally for any intended use in promoting 'Nature is Bike' & in all forms; video, press, websites, social networks, etc. The use of these images in no way infringes the privacy or reputation of the participant. In accordance with ordinance no 2018-1125 of December 2018, article 32 of law no. 2018-493 of 20 June 2018 relative to protection of personal data and the law no. 78-17 of 6 January 1978 relative to IT, information & freedom concerning the protection of personal data. Each participant has right of access, opposition and rectification of the processing of data if he justifies himself to the Organiser. This authorisation is valuable for authors from 26 June 2021 on.

10. TREATMENT OF PERSONAL DATA

Participants are informed that personal data collected is subject to computer processing intended solely to provide information exclusively related to the 'Nature is Bike' event. Destination Angers which is responsible for this processing undertakes to not to communicate this personal data to third parties

In accordance with ordinance no 2018-1125 of December 2018, article 32 of law no. 2018-493 of 20 June 2018 relative to protection of personal data and the law no. 78-17 of 6 January 1978 relative to IT, information & freedom concerning the protection of personal data. Each participant has right of access, opposition & rectification of the processing of data if he justifies himself to the Organiser by sending a letter for the attention of M, Le Directeur General, DESTINATION ANGERS/ Nature is Bike – 7 Place Kennedy – BP 15157 Angers Cedex 2

11. ACCEPTANCE OF RULES

Participation in the competition called the 'Gravel Night – Specialized' implies acceptance of these regulations in their entirety & is a binding contract. The rules are available on www.natureisbike.com, as well as at the Gravel Festival (at registration and check as well as along the course).

